



CORPORATE EVENTS

160 BALDWIN, KENSINGTON MARKET
(647) 352-7581, VEGGIEDLIGHT.COM





"The smell that comes out of this restaurant is just so captivating it's hard to not want a taste! Great for all diets! Not only for the vegan community."

CATERING FOR A HEALTHIER YOU

We're a Vegan Caribbean take-out & catering in the heart of Kensington Market, Toronto, providing nutritious fortification for any palette.

Veggie D'Light was founded with a vision of a healthy, sustainable lifestyle for the masses.

Rest assured, all our food is 100% plant-based, non-GMO and made with all organic veggies.

Gluten-free? No sugar? No problem.

Our food is for everyone.



SMALL MEAL

/\$15.00+hst



- x2 vegan proteins (Curry chickpeas & Jerk Seitan)
- Topped with steamed & fresh organic vegetables
- Basmati brown rice with flax & quinoa

LARGE MEAL

/\$19.00+hst



- All our vegan proteins (Curry chickpeas, Jerk Seitan, Moringa Loaf)
- Topped with steamed & fresh organic vegetables
- Basmati brown rice with flax & quinoa



INCLUSIONS



- Biodegradable containers
- Wooden utensils
- Brown Paper Napkin

**Free delivery included within GTA*

ADD-ONS



- Desserts
(Brownies, Cookies)
- Beverages
(Eska Water, Perrier, Ginger Beer, Ting)



*"Fantastic food with no pretentious attitude.
Have to eat here when in Toronto."*

